

# BREAKFAST

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## BREAKFAST SANDWICHES

- Chicken sausage, egg & cheddar on croissant 3.79
- Smoked bacon, egg & cheddar cheese on English muffin 3.79
- Ham, egg, smoked gouda, spinach, & pesto sauce on ciabatta 3.99
- Chicken, egg, smoked gouda, roasted peppers & onions, chipotle sauce on ciabatta 3.99

## BREAKFAST BURRITOS (Served with sour cream)

- Chorizo sausage, scrambled egg, pepper jack cheese, black bean & roasted corn salsa 4.29
- Chipotle chicken, scrambled egg, smoked cheddar, black bean & roasted corn salsa 4.29

## OMELET BOWLS

- Build your own bowl, pick three ingredients: 4.49
  - ham                      bacon                      chorizo sausage
  - parmesan cheese      cheddar                  roasted peppers
  - feta cheese              green onion              pepper jack cheese
  - spinach                   mushrooms                  broccoli

# SALADS

Includes a ciabatta roll

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**SOUTHWEST CHICKEN COBB** 8.49  
with blue cheese, bacon, hard-boiled egg, black bean & roasted corn salsa, chipotle ranch dressing

**GREENERY GARDEN SALAD** 7.49  
with quinoa, cucumber, red onion, mixed greens, pumpkin seeds, green goddess dressing

**CHICKEN CAESAR** 7.99  
with garlic croutons, parmesan & creamy caesar dressing

**SPINACH & BEET** 7.99  
with feta cheese, red onions, orange wedges, toasted pecans, & orange-maple vinaigrette

# SANDWICHES

Includes choice of kettle chips or deli side of the day

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## HOT

- CRANBERRY TURKEY** 8.99  
turkey with Swiss, cran-horseradish sauce on  
cranberry wild rice bread
- ALBACORE TUNA MELT** 7.99  
dill tuna salad with provolone, balsamic dressing, lettuce,  
tomato on ciabatta
- CUBANO** 8.99  
pulled pork, smoked ham, Swiss cheese, mustard, mayo &  
pickle on ciabatta
- SOUTHWEST CHICKEN TORTA** 8.99  
pulled chicken breast, pepper jack, roasted onions & peppers,  
chipotle mayo & cilantro on ciabatta

## COLD

- BACON CHICKEN RANCH** 8.49  
pulled chicken breast, crisp bacon, spinach, red onion, tomato,  
& ranch mayo on honey wheat
- PESTO TURKEY CLUB** 8.99  
smoked turkey, bacon, pesto mayo, tomato, spinach &  
provolone on toasted sourdough
- THAI CHICKEN WRAP** 8.49  
pulled chicken breast, basil, cilantro, romaine, carrot, cucumber,  
Thai peanut dressing in a whole grain flour tortilla
- BACON CLUB WRAP** 7.99  
crisp bacon, romaine, sliced tomato, red onion, balsamic dressing  
& herbed mayo wrapped in a whole grain flour tortilla

## SOUPS

Includes ciabatta roll  
Available Monday - Friday

- CHICKEN NOODLE** 4.29
- SOUP OF THE DAY** 4.29

# BEVERAGES

<b>DRIP COFFEE OF THE DAY</b>	TALL • GRANDE • VENTI		
<b>REGULAR/DECAF</b>	1.99	2.29	2.69

## SPECIALTY COFFEE DRINKS

<b>CAFÉ LATTE</b>	3.19	3.79	4.19
<b>CAPPUCCINO</b>	3.19	3.79	4.19
<b>CAFÉ MOCHA</b>	3.69	4.39	4.69
<b>CAFÉ AMERICANO</b>	2.39	2.89	3.19
<b>CARAMEL MACCHIATO</b>	3.99	4.59	4.99
<b>HOT CHOCOLATE</b>	2.89	3.39	3.59
<b>CHAI LATTE</b>	3.59	4.19	4.59
<b>HOT TEA</b>	1.99	1.99	1.99

<b>ESPRESSO SOLO SHOT</b>	1.79	2.19	
<b>DOUBLE SHOT</b>			
<b>SOY, COCONUT, ALMOND MILK</b>			0.99
<b>ADDITIONAL ESPRESSO</b>			0.99
<b>FLAVOR SHOTS</b>			0.99
hazelnut • caramel • almond • vanilla • sugar free vanilla • toffeenut white chocolate • sugar free cinnamon dulce • cinnamon dulce			

## BLENDED DRINKS

<b>FRAPPUCCINO - 16OZ</b>	4.99
vanilla • caramel • mocha vanilla bean • chai • strawberries & cream	
<b>FROZEN HOT CHOCOLATE</b>	4.99
<b>SPECIALTY SMOOTHIES - 16 OZ</b>	5.29
<b>BERRY ALMOND BLISS</b>	
Strawberries, blueberries, bananas, almond milk, honey	
<b>TROPICAL TWIST</b>	
Mangoes, bananas, pineapple, coconut milk, pineapple juice	
<b>STRAWBERRY BANANA</b>	
Strawberries, bananas, light yogurt, skim milk, pineapple juice	
<b>GREEN BERRY</b>	
Blueberries, banana, avocado, spinach, pineapple juice	
<b>HAPPY MONKEY</b>	
Chocolate, banana, peanut butter, whole milk	

<b>COCA COLA FOUNTAIN SODA</b>	2.49
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